

Training for Private Home Care Carers

Private Home Care in partnership with the sister company Cpl Healthcare is delighted to introduce our range of training we have available.

Patient Moving and Handling Course

Duration 1 Day Certification Cpl Healthcare

The Patient Moving and Handling training adheres to Safety, Health and Welfare at Work Act 2005, the Royal College of Nursing's Guide to the Handling of People and the HSE Policy.

The course contents include the following:

- Legislation – Safety, Health and Welfare at Work Act 2005, Manual Handling Regulation 2007 & Sensitive Group Regulation 2007
- Anatomy of the Spine and Musculo-Skeletal System
- Ergonomics
- Safe Handling Principles
- Risk Assessment (TILE Methodology)

Basic Life Support for Healthcare Providers

Duration 8 Hours Certification Irish Heart Foundation

This 1 Day course for all healthcare professionals is aimed at for staff being first responders in the event of an emergency. All our trainers are fully qualified instructors with the Irish Heart Foundation.

Course Content

- Adult, Paediatric and infant Cardio-Pulmonary Resuscitation(CPR)
- Practice of One and two rescuer scenarios
- Use of Automatic External Defibrillator (AED)
- Management of foreign Body Airway Obstruction (FBAO)
- Certification by skills testing and written evaluation

Infection Control

Duration 4 Hours Certification Cpl Healthcare & Health Management Institute (HMI)

Our Infection Control course is delivered and the course is in line with the Health Management Institute – Standard Precautions in the Irish Health Care Settings, using the recognised DVD and practical sessions.

The course content includes the following:

- An Overview on Infection Control including Hospital Acquired Infections causes and occurrences
- The World Health Organisations information on " Cleaner Care is Safer Care Pact"

- Infection Control and Prevention
- Hand Hygiene including how to wash hands in line with the Strategy for the Control of Antimicrobial Resistance in Ireland (SARI) regulations. This includes the correct techniques of when and how to use Alcohol Gels.
- A practical session for each participant to wash hands and view areas of hands missed
- Personal Protection including the types of protective equipment available to use
- Needlestick injuries or any occupational health injury/accident- what to do and how to report it