

# Are You or a Family Member Coming Home from Rehab or Hospital? Would you like Some Extra Assistance?



“ You have always been most helpful and positive in your dealings and this has made it easier for me to manage situations as they arise. ”

## Services Private Home Care Provide:

### Morning:

- Assistance with physiotherapy before you get up
- Get washed and dressed
- Prepare breakfast
- Assistance with feeding if needed
- Assistance with exercises
- Assistance with transfer to power chair

### Out and About:

- Accompaniment and assistance to the shops / bank / library etc.
- Using power chair

### In the Home:

- Follow guidelines from your occupational therapist
- Assistance to prepare dinner

### How we can help you?

*In hospital or in rehab:* Our Nurse Manager will work with your Occupational Therapists and Physiotherapists and Speech Therapists.

*At home:* Our carers will assist you at home to follow through on your rehabilitation exercises, programme and diet which have been prescribed by your medical team.

*Retraining:* After an accident, an illness or an operation, many people need to be retrained how to connect back in with the family and with the basics of day-to-day life. Some of these skills need to be taught. Your carers and often family members will help you with this.



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## How Do We Work?

### *Our Nurse Manager will:*

- Visit your social worker in the hospital
- Be introduced to the client
- Meet with the client's team including Physiotherapist
- Continually liaise with the Clinical Nurse Manager and perhaps Dietician

### *Carers are:*

- Carefully chosen and matched to the client by us (for this type of care, a personality match with both client and family is particularly important)
- Introduced to the client at the hospital or rehab
- Trained by the Physiotherapist and Occupational Therapist
- Meet client and client family in the home prior to discharge

### *Integrated system of home care and assistance:*

- Our Nurse Manager and carers communicate on a weekly basis. This allows carers to report on progress and any issues arising.

Call us on 01 6219101

Discuss your needs with our very experienced Client Manager. Your needs and profile will be suitably matched with one of our carers.

## Why Choose Private Home Care?

- 23 years experience
- ISO quality accredited
- Your own dedicated Client Administrator to support you
- Hundreds of carers to ensure a good match with each client
- Fully Garda vetted and insured carers
- Irish owned and managed (since 1989)

*'Celebrating  
23 Years  
in Business'*



Private Home Care  
2 Newcastle Road, Lucan, Co. Dublin  
Tel: 01 6219101

[www.privatehomecare.ie](http://www.privatehomecare.ie)

