

Do You Live Alone?

Would you like extra assistance?

“I am lucky to have been recommended ‘Private Home Care’. Twelve hours care per week from your carers allows me to bathe, have a main meal cooked daily, and have assistance with the exercises advised by my physiotherapist to maintain the mobility I do have.”



You don't need to be ill to avail of services from Private Home Care. Here are some of the ways our clients who live alone use our services.

Morning:

- Get up, washed and dressed

Meal Times:

- Food shopping
- Preparing and serving your meals

Out and About:

- Accompany you on walks

- Shopping or other errands
- Accompany you to and from appointments

Help Around the House:

- Light cleaning e.g. kitchen and bathroom
- Hoovering
- Making the bed
- Washing and ironing
- Putting out bins

Companionship:

- Have a cup of tea and a chat
- Play a game of cards
- Medication prompt



private
home care

professional care consultants

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How Do We Work?

Call us on 01 6219101

Discuss your needs with our very experienced Client Manager. Your needs and profile will be suitably matched with one of our carers.

Why Choose Private Home Care?

- 23 years experience
- ISO quality accredited
- Your own dedicated Client Administrator to support you
- Hundreds of carers to ensure a good match with each client
- Fully Garda vetted and insured carers
- Irish owned and managed (since 1989)

*'Celebrating
23 Years
in Business'*



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www.privatehomecare.ie

